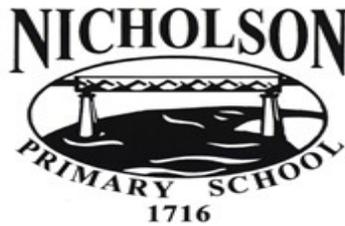


Newsletter



March 13th 2019

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Email: nicholson.ps@edumail.vic.gov.au

Dates to Remember

MARCH

Thursday 14th

GRIP Conference Year 5 and 6.

Sporting Schools

3.20 - 4.30pm

Friday 15th

School Council nominations due.

Monday 18th

MARC Van

Please remember to return books

Thursday 21st

Harmony Day.

Sporting Schools

3.20 - 4.30pm

Monday 25th

Cluster Cross Country @

Nicholson PS

Tuesday 26th

School Council AGM

@5.30pm

Thursday 28th

Interschool Gymkhana.

Sporting Schools

3.20 - 4.30pm

APRIL

Monday 1st

MARC Van

Please remember to return books

Friday 5th

Last day for Term 1.

Wheelbarrow Grand Prix.

Tuesday 23rd

Term 2 begins.

Thursday 25th

ANZAC Day. No students at School.

Goodbye and Thank you Sue Mac!

Over the past 6 years Sue has been a valuable and important part of Nicholson Primary School and today we celebrated her time with us with a morning tea and by sharing her many roles she has had over the years. From gardening guru and quiz master to providing emotional, practical and educational support to the students in our school, Sue has certainly been extremely busy and we will miss her greatly.

On behalf of the whole school community I would like to thank her for her enthusiasm, compassion and commitment to our students and wish her all the best with her well deserved retirement.



Harmony Day

Wear orange on Harmony Day!

Harmony Day is held every year on 21st March. It is a day to celebrate Australian multiculturalism, based on the successful integration of migrants into our community.

Australia is the most successful multicultural country on Earth and we should celebrate this and work to maintain it.

Harmony Day is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values.

This day is about respecting others and trying to make the world a better place to live in. Harmony Day is caring about other people's culture and traditions.

School Council

School Council nominations close this Friday 15th.

Annual General Meeting is next Tuesday 26th March commencing at 5.30pm.

Kind Regards

Sue Clague

Principal



Specialist Program News

Physical Education

Soccer skills and running practise for cross country were the planned activities for PE. The students' ball control is improving which was shown when we moved to playing soccer games. However last Friday the program had to be modified due to the smokey conditions. The students practised dribbling and passing drills at a walking pace, then we went inside to play games. Cross country is coming up fast, any chance students get to practise long distance running will be of great benefit to them.

Digi-tech

F/1/2

The junior students have begun looking at personal information. We have been exploring why it is important to protect your personal information when we are online.

3/4

Students have begun building their own games in Scratch. This has included creating lines of code to move an avatar and set up a scoring system for their games.

5/6

The senior school students have begun creating their own games in Scratch. This has included creating lines of code to move the player's avatar, have a scoring system, incorporating sounds and having a computer controlled opponent to play against.

Science

During our Fur, Feathers, Skin & Scales unit, students are learning about different categories of animals such as predator vs prey, vertebrae vs invertebrate, mammals, reptiles, fish and birds. Along the way we are learning lots of fun facts about various animals!

Art

Students have begun looking at the main elements in Art, focusing on 'colour'. They have explored the colour wheel through experimenting with paint, pencil, texta & watercolour. Students have practised mixing colours and used contrasting colours such as warm colours vs cool colours.

Performing Arts News

Mrs Gamble and Mr. Hunt's class have been exploring the 'performing arts,' based around a 'Super-Hero,' theme. They have written and played superhero rhythms, choreographed superhero dance routines, acted our superhero adventures and composed superhero music.

Mrs Dullard's and Mrs Clague's classes have sculptured human super-heroes and learnt how to play two new songs with a focus on improvisation. A big thanks to Pato once again for giving us his time every Tuesday and also a huge welcome to Jenny for her expert assistance with the two senior classes.

Recently the children were very fortunate to have a visit from Aileen who gave the children a hands on tutorial about the bagpipes.



Growth Honesty & Trust Respect Connectedness Inclusiveness

The nose knows – what to do in smoky conditions

Environment Protection Authority Victoria (EPA) says southern and eastern Victoria can expect smoky conditions over the coming few days, but they will be quite variable, so Victorians will need to use their senses – the human nose and eyes – to tell them how to respond.

EPA is reporting intermittent smoke in the area Bairnsdale, and it is forecasting smoky conditions, especially in parts of Gippsland. For up to date information look at www.epa.vic.gov.au/airwatch

If you can smell smoke, that's the time to take any health measures, especially if your household includes people with pre-existing conditions (including asthma), children, pregnant women or older people.

People with existing heart or lung conditions (including asthma) should follow the treatment plan advised by their doctor.

If you can't smell smoke and can't see it, you are not likely to be affected.

There is plenty of smoke from fires burning in different parts of Victoria at the moment, but weather conditions are expected to be variable over coming days that you might be subjected to smoky conditions, they might come and go, or you might not experience them at all.

It's important to know what to do, and the first thing is to rely on your nose to tell you if there's smoke in your area.

Health information:

- If you need advice for exposure to smoke, seek medical advice or call Nurse on Call on 1300 606 024.
- Anyone experiencing wheezing, chest tightness and difficulty breathing should call Triple Zero (000).

here's more information on protecting your health in smoky conditions at www.epa.vic.gov.au/your-environment/air/smoke

You can find live air quality readings from EPA's AirWatch network at www.epa.vic.gov.au/airwatch

SMOKY OUTSIDE? STAY INSIDE

If you are not under threat from a fire, avoid breathing smoke by staying inside.

For more information:

- Tips to avoid smoke and how to stay cool in the heat: Better Health Channel – www.betterhealth.vic.gov.au
- Air quality and bushfire smoke: Environment Protection Authority (EPA) – www.epa.vic.gov.au
- Your safety: Vic Emergency – www.emergency.vic.gov.au or call the Victorian Bushfire Information Line – 1800 240 667
TTY users should use the National Relay Service (phone: 1800 555 677) then ask for 1800 240 667
- Asthma Foundation of Victoria – www.asthma.org.au

Library 5 km
Shops 7 km
Cinema 8 km

SMOKY OUTSIDE? PROTECT YOUR HEALTH

- Check for fire warnings** in your area www.emergency.vic.gov.au
- Avoid physical activity outside** – especially people with heart or lung conditions (including asthma), children, pregnant women and those over 65.
- Take an air-conditioned break** at a local library or shopping centre.
- If you are not under threat from a fire, **avoid breathing smoke by staying inside.**
- Look out for elderly neighbours** or other people at risk.
- Follow your treatment plan** if you have a heart or lung condition (including asthma).
- Call NURSE-ON-CALL** on 1300 60 60 24 if you are experiencing any discomfort that may be due to smoke exposure such as itchy eyes, sore throat, runny nose or coughing.
- Call 000** if anyone is having difficulty breathing, wheezing or experiencing tightness in the chest.

For more information:

- Tips to avoid smoke and how to stay cool in the heat: Better Health Channel – www.betterhealth.vic.gov.au
- Air quality and bushfire smoke: Environment Protection Authority (EPA) – www.epa.vic.gov.au
- Your safety: Vic Emergency – www.emergency.vic.gov.au or call the Victorian Bushfire Information Line – 1800 240 667
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- Asthma Foundation of Victoria – www.asthma.org.au



LEARN TO PLAY FOOTBALL

The introductory program for boys & girls 5-11 years old

Club/Organisation: East Gippsland United Football Club
Venue: West Bairnsdale Football Oval
Start date: Monday 25th of March
Price: \$80
Contact: David Claridge ally_clarro@optusnet.com.au or 5156672



REGISTER
minirooms.com.au



Growth Honesty & Trust Respect Connectedness Inclusiveness